



Late Summer Sailing News

Lines from the Commodore

Happy late summer sailing and hopefully some of the hot, humid air will be behind us soon!

As we move into the fair winds of fall, new opportunities for enhancing sailing knock at our door. CRSA is interested in creating more sailing opportunities for our club members in addition to our racing and cruising activities. Many members have approached me to help in creating a 2024 monthly sailing activity open to all club members. **We are looking for a leader!!** If you are interested, please contact me at commodore@caverunsailing.org.

We are in the process of forming a Catalina 22 fleet within the club. If you are interested and would like to be a part of this new group, please contact **Mark Breeden**, CRSA, Rear Commodore and Fleet Captain. You do not have to own a Catalina 22 to be a part of this initiative.

Congratulations to **Rose Perkins!** She is the new owner of a beautiful sunfish. She was inspired by the Let's Go Sailing sunfish day in July and is ready to go anytime!



Beginning sailing class with a wait list of 17 individuals has prompted a second class this year, which will be led by **Graeme Wilson** and **Beverly Hale**. It is already full based on the wait list. Moving forward and based on demand, there is a good chance that we may offer beginning sailing classes twice a year.

Youth Sailing Camp hosted a record 47 campers this year! **Chuck Emrich**, director of the CRSA Youth Sailing Academy, along with an incredible group of volunteers managed all campers and insured everyone had a great time! The club now has 14 sunfish, five Opti's, one mini fish, and one scorpion, which were all used throughout the July youth sailing camp at Jacobson Park in Lexington.

Don't forget the **Grand Annual Regatta!** Mark your calendars for Saturday and Sunday, September 23 and 24th. This is our celebration regatta and we invite club members and non-club members from throughout our sailing region to participate. If you would like to participate or volunteer, please contact Vice Commodore **David Leddy** at vicecommodore@caverunsailing.org for more information. See more information about the Grand Annual Regatta on pages 3-7 of this newsletter.

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Social Director **Fresca Leddy** has been busy! After a fabulous summer, the Commodore Tea with Manly Beer and the Newcomers Social, hosted in Morehead at Sawstone Brewery on Sunday August 13, were great successes! At the Newcomers Social, there were several new people from the region who popped in to learn more about sailing at Cave Run Lake and our sailing association. This is another indicator that sailing interest is strong!

RC Sailing (Radio Control) continues to be a big hit and the racers are having a great time! The executive committee has approved the purchase of a club RC boat to be available for anyone who would like to pop in and try RC racing before you make the purchase. Contact **Bill Jones** at kywmjones@gmail.com or 859-421-4247 for more information.

Always feel free to reach out to any of your executive committee representatives if you have thoughts about what we are doing right, what we could do better, or if you would like to get more involved in any specific area of the club. You are always welcome, and we can always use more energy!

Fair winds be with you!
Molly Sutherland

CRSA Club Store

Remember to check out our club store for your
Christmas gifts!!!

Order early to ensure you get what you want!

To access the store from our website, caverunsailing.org, then clicking on the “Club Store” link in the menu at the top of the Home page.

Or access our store by going to coralreefsailing.com and scrolling down to Cave Run Sailing Association under “C”.

Then scroll through the apparel available, all which will be embroidered or printed with a beautiful full color CRSA logo. On some items you can also add the name of your boat!



News and Notes for the 44th Grand Annual Regatta

CRSA's 44th Grand Annual Regatta is coming soon
on Saturday and Sunday, September 23 and 24!

This is our big year end event. While sailing in the races is highly encouraged, you do not have to race to join the fun. Register as a Guest and enjoy the meals, camaraderie, and entertainment on Saturday and stay for breakfast Sunday. There are several tent sites still available with room to park a camper (although electric hookup is limited), starting from Thursday afternoon at the Boat Gunnel Camp. We have some room for a few guests on a pontoon boat serving as a second safety boat, so you might spectate on the lake! If you think you may want to crew on a boat, but don't know who to ask, let me know and maybe we can find an opportunity. If you are there as a guest, a crew opportunity may arise. You never know when the wind may pick up!

Thanks to the captains and guests that have registered so far! Getting those registrations in saves time for everyone and importantly, helps us plan for meals. Please complete your registration today [HERE!](#)

A note on drinks: iced tea and lemonade will be available in bulk for dinner and lunch. **Please bring your own drinking cups/mugs, bottles**, or whatever you like to cart your beverage about. This will save the club some expense and is the Green thing to do! If you prefer sodas or bottled water, of course bring all you like.

Please take a minute to read the Notice of Race on the next 2 pages for much useful information. A brief schedule of events and a listing of area hotels is on the second page of the Notice.

Just released is the Sailing Instructions (SI) for this year's Regatta. Along with the copy in this newsletter, you can also find it on the website under Events & News, Regattas, Grand Annual Regatta. Our U.S. Sailing Race Official this year is Paul White from Indianapolis. He will be staying in his camper at the Boat Gunnel, so please make a point to say hello and make his welcome.

Sailors, please read the SI, some of which will be a change from our regular race series. For example, the starting line will be to the port side of the RC boat, while the finish will be to starboard of the RC. Boat. The flag for the second class to start will go up when the first class's flag comes down (race start). All boats must have a "unique number or other identification on the mainsail". If you don't have something permanent, something homemade with blue painter's masking tape should do the trick. These instructions should help the races to move along, so become familiar and ask Paul any questions at the skipper's meeting at 10:30am Saturday and 8:00 am Sunday.

No matter what the weather, let's get out on this 44th Grand Annual weekend,
enjoy the company of a great association, and have FUN!



NOTICE OF RACE

44th Grand Annual Regatta

September 23-24, 2023

Organizing Authority and Host is

Cave Run Sailing Association

Cave Run Lake, Morehead, Kentucky



The Cave Run Sailing Association invites you to join us for our 44th Grand Annual Regatta.

Located in the heart of the Daniel Boone National Forest, the Autumn colors make Cave Run Lake an exceptionally beautiful place to sail.

Location: The Boat Gunnel Camp Area at the Twin Knobs Campground has been reserved by CRSA for the weekend and will serve as the Regatta Headquarters. A limited number of tent and RV camping sites are available in the Boat Gunnel. Additional camping is available in the nearby Twin Knobs Campground for a separate fee. Participants desiring the Twin Knobs Camping Area should reserve sites on their own. This year there will be a limited number of campsites available starting on Thursday night. For details contact vicecommodore@caverunsailing.org.

Rules: This regatta will be governed by the rules as defined by the current edition of the Racing Rules of Sailing (RRS), the prescriptions of US Sailing, except as any of these are altered by this NOR or the Sailing Instructions. RRS 32.2 is changed to: When Code Flag S is flown at a mark or gate, it is the beginning of the last leg of the race, ending at the RC Boat, from the direction of the S Flag. RRS 62.2 and 62.4 will not apply. RRS Appendix V applies.

Fleets and Scoring: A minimum of five boats constitutes a one-design fleet (i.e., Catalina 22, Flying Scot, National One Design, Sunfish, etc.) with a separate start. All other boats will compete in the day-sailor or cruiser fleets based on Portsmouth handicaps. Scoring will be RRS Appendix A, as amended by the Sailing Instructions. The number of races is dependent on weather conditions, starting as many races as possible before a cutoff time to be specified in the sailing instructions. A minimum of one race constitutes a regatta and all races shall be scored. Trophies will be awarded to the top three finishers in each class.

Registration: On-line Registration will be available beginning June 1, 2023. On-site registration will begin Saturday, September 23, at 9:00AM. On-line Registration is encouraged!

Entry fee each boat \$70 on-line until Sept. 22. Day-of-race registration will be \$85. Junior registration, for skippers aged 19 and under will be \$40. This includes entry, breakfast (2), lunch (2), Saturday dinner and one (1) shirt.

Crew, or guests (each) fees are \$ 25 and includes breakfast (2), lunch (2), Saturday dinner.

Additional shirts are available for \$20.

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Sailing Instructions: Sailing Instructions will be posted on the CRSA web page and will be available at the registration site to all registered boats. Changes to the sailing instructions will be posted at the Regatta Headquarters registration site.

Schedule:

Saturday, September 23

- 0900-1030 Registration and Brunch— Boat Gunnel Camp
- 1030 Skippers Meeting
- 1200 Warning signal for Race 1, with Race 2 and Race 3 back-to-back
- 1730 Attitude Adjustment—Boat Gunnel Camp
- 1800 Dinner – Boat Gunnel Camp

Sunday, September 24

- 0800 Skippers update & Breakfast—Boat Gunnel Camp
- 1000 Warning signal for Race 4 with Race 5 back-to-back
- 1330 Awards Presentation—Boat Gunnel Camp

Launching Facilities:

Boat Launching facilities are available at the Scott Creek Boat Ramp (fee), the Stoney Cove Boat Ramp or through the Twin Knobs Campground Facility.

Passes for the Twin Knobs Campground launch area are included. As of this writing, the Forest Service does not list a fee for the Stoney Cove Boat Ramp, which is near the western end of the Cave Run Lake Dam.

Passes for the Scott Creek Boat Ramp (\$5/day or \$7/3-day) can be purchased at the Ranger Station, the store across from the ramp, and the Scott Creek Marina office. The pass is required to use the ramp or park in the ramp area and is enforced.

Lodging: Several motels are located close to the lake and in nearby Morehead:

- Comfort Inn & Suites 606-780-7378 I-64 at KY 801 (9 miles from lake)
- Lakeview Motel 606-784-1600 www.caverunlodging.com
- Holiday Inn Express 606-784-5796 in Morehead (14 miles from lake)
- Days Inn 606-783-1484 in Morehead (14 miles from lake)
- Ramada 606-784-7591 in Morehead (14 miles from lake)

Camping: The Twin Knobs Campground (National Forest) is available for a separate fee (through the campground management).

Further questions can be directed to the CRSA Vice Commodore, David Leddy, at vicecommodore@caverunsailing.org.



2023 GRAND ANNUAL REGATTA

SEPTEMBER 23 – 24, 2023 Cave Run Lake, KY



The organizing authority for this regatta is
the Cave Run Sailing Assn, Cave Run Lake, KY
SAILING INSTRUCTIONS

1. **RULES** - The regatta will be governed by the rules as defined in the current Racing Rules of Sailing. RRS 32.2 is replaced with: paragraph 12 below. RRS 63.7 is replaced with paragraph 17 below. RRS A5.3, V1, and V2 apply. RRS A.2.1 Scoring has been changed by paragraph 14 below.
2. **ENTRIES** - Competitors may enter the regatta by completing an entry form and paying the specified entry fee on-line (preferred) or at the Boat Gunnel pavilion before 1030 on Saturday September 23, 2023. All sailboats must have a unique number or other identification on the mainsail.
Entry form: <https://www.caverunsailing.org/regattas/grand-annual-regatta/>
3. **NOTICES TO COMPETITORS** - Notices to competitors will be posted on the official notice board located at the Boat Gunnel pavilion.
4. **CHANGES TO SAILING INSTRUCTIONS** will be posted before the Competitors Meeting on Saturday.
5. **RACING SIGNALS** - **5.1.** Signals made ashore will be displayed near the official notice board. **5.2.** If a postponement is signaled ashore, the next Warning Signal will not be made less than 30 minutes after AP is lowered. This changes “Race Signals.” Competitors should then sail to the racing area. **5.3.** If Race Signals AP, First Substitute, or N is made on the race course, the removal of these signals will be accompanied with multiple sounds, 1 minute before the next Warning Signal.
6. **REGATTA SCHEDULE** – All times are Eastern Daylight times. **6.1.** A Competitors’ Meeting will be held at 1030 on Saturday September 23, 2023, at the Boat Gunnel Area. **6.2.** Races are scheduled as follows: First Saturday race Warning Signal at 1200. Races to follow. No Warning Signal will be made after 1530. First Sunday race Warning Signal at 1000. Races to follow. No Warning Signal will be made after 1300. If the starting time for Sunday racing is changed, it will be posted no later than 2000 hrs Saturday. Regatta race count will be dependent on the weather and the time of day.
7. **CLASS STARTS** – Class Warning Flags will be plain shapes. The starting sequence and the color of the Warning Flag for each start will be as follows: Start 1 - Red flag. Start 2 - Blue flag. Start 3 - White flag. The fleets in each start will be announced at the Competitor’s Meeting and will be posted on the official notice board.
8. **RACING AREA** - The racing area will be the North Basin of Cave Run Lake.
9. **COURSE and MARKS** **9.1.** The courses will be a RRS Appx S Course W, modified, without a leeward gate. The Starting Line, and Finish Line, will be located within the windward leg. The number that follows the W is the number of windward legs in the course. The course will be designated on the side of the RC boat. All marks will be orange inflated shapes. The Starting mark may be yellow or of a different size. If the race course is shorter for a slower sailing fleet, a separate windward mark will be used.

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All marks will be exhibited at the Competitor's Meeting.

10. **STARTING and FINISHING** **10.1** The RC boat will raise the orange starting line flag 2 to 5 minutes before the following Warning Signal. Multiple horn sounds will be made 1 minute before the first Warning Signal. The lowering of the Red Warning flag will happen simultaneously with the raising of the White Warning flag. The lowering of the White Warning flag will happen simultaneously with the raising of the Blue Warning flag. **10.2.** Boats whose Warning Signal has not been made shall stay clear of the starting area. **10.3.** Boats not starting within 4 minutes of their Starting signal shall be scored DNS without a hearing. Boats not observed in the Starting area will be scored DNC. **10.4** All races will start on the Port side and finish on the Starboard side of the RC boat.

11. **TIME LIMIT** – It is intended that all races will take 60 +/- 15 minutes for the first boat to finish. The time limit for the first boat in each fleet to pass the first mark is 45 minutes. The time limit for the first boat to finish each race will be 2 hours. Trailing boats that are delaying the start of the next race will be given a finish position by the Race Committee and hailed to return to the Race Committee area.. Such action is not grounds for redress.

12. **SHORTENING OF THE COURSE** - When the S Flag is flown at a mark or gate, the next leg of the race will be the new last leg of the race, ending at the RC boat from the direction of the S Flag. The S Flag will be continuously flown, with sounds, until all competitors have been notified of the shortening of the course. This changes RRS 32.

13. **PROTESTS** -**13.1** RRS V1 and V2 apply. **13.2.** A competitor intending to protest shall notify the Race Committee after finishing and still in the finish area. **13.3.** Protest forms will be available at the Official Notice Board. Protests shall be delivered to the Official Notice Board within 60 minutes after the RC boat has raised the Red signal flag with one sound. The Race Committee will end the Protest Time period by lowering the Red signal Flag with one sound. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day at the Boat Gunnel Area.

14. **SCORING** - Regatta scoring will be in accordance with RRS Appx A. All race scores, including worst race score, will count. This changes RRS A 2.1. One race will constitute the regatta. RRS A 5.3 applies.

15. **SAFETY REGULATIONS** - **15.1.** Before the first Warning Signal each day, each boat shall sail past the RC Boat and hail her sail number and receive acknowledgement from the Race Committee. **15.2.** A boat that retires from a race shall notify the race committee boat or any support boat as soon as possible. All competitors may carry a VHF radio and receive race information from the RC on channel 68. **15.3.** All boats shall have on board all Federal and Kentucky required safety equipment.

<http://fw.ky.gov/FishBoatGuide/Pages/default.aspx> **15.4.** It is each competitor's exclusive and individual responsibility to decide whether or not to race or to continue racing, to wear a Personal Flotation Device (PFD) unless directed by the Race Committee (Y Flag), and to otherwise provide for their own personal safety. See RRS 4 and 40. **15.5.** The Corps of Engineers and USCG-Aux strongly recommend the use of PFDs. Persons under 12 years of age must wear a PFD while in the open part of a boat that is under way per (301 KAR 6:040 Sect. 4)

16. **TROPHIES** - Trophies will be awarded to the top three finishers in each class.

17. **PRECEDENCE** – In the event of a conflict between these Sailing Instructions and the Notice of Race, these Sailing Instructions shall have precedence. This changes RRS 63.7. R (3) 8-10-2023

CRSA Business Meeting and Awards Banquet

Friday, November 3, 2023

6—10 PM

Lexington Country Club

2550 Paris Pike, Lexington, KY

Business Casual

Register online no later than October 24, 2023

Cost per person \$43—Plus cash bar



Italian Buffet Options include:

Antipasto Salad with lettuce, Provolone, Olives, Tomato, Red Onion,

Green Bell Pepper, Pepperoncini's, with choice of dressings

Toasted Baguettes with Garlic and Parmesan

Italian Seasoned Mixed Vegetables

Bowtie and Penne Pasta

Marinara and Alfredo Sauces

Grilled Diced Chicken Breast / Beef Meatballs

Red Chili Flakes, Parsley, and Shaved Parmesan

Tiramisu Cheesecake with Chocolate Coffee Syrup,

Whipped Cream and Cocoa Powder

Summer Sailstice

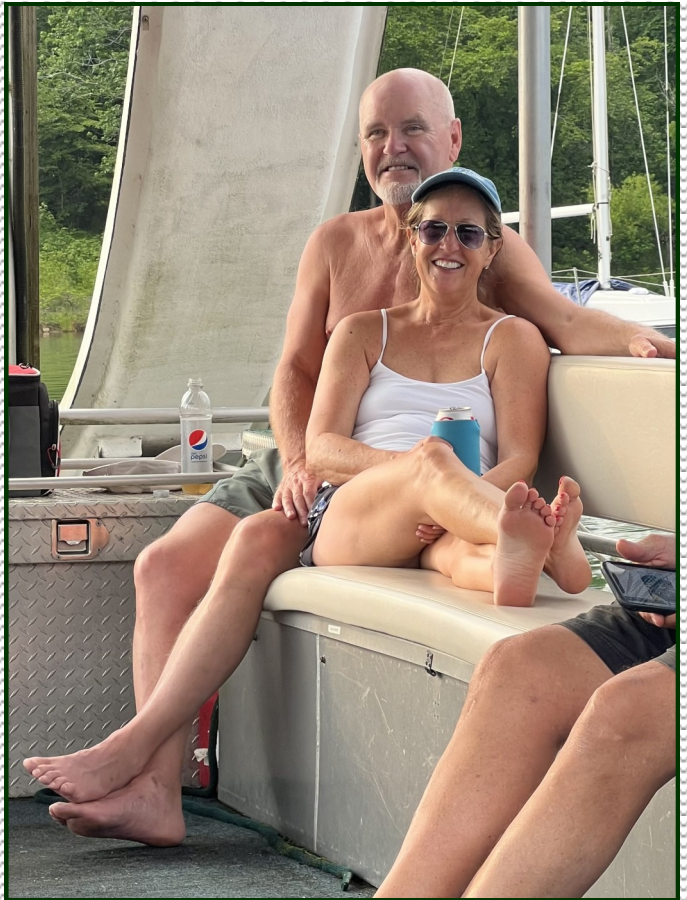
The Summer Sailstice on June 24 was great fun!

The race that afternoon got off to a slow start. After an initial breeze the race began with light winds that faded away leaving only one race.

Eighteen Sailors gathered on the Margaret Mary for a cook out with 6 souls staying for breakfast Sunday morning.

The music was an added spontaneous treat!





CRYSA Sailing Camp 2023

What a big year this was for youth sailing! We had 47 students, with most on sunfish and 11 on Optis. Lots of smiles were seen and “best day in my life” was overheard. You know we must be on the right track to hear comments like that! Twenty volunteers who dedicated their time to making this happen and the charity regatta to fund this year’s expenses made this all possible. Needless to say, just think of the logistics to make this happen and keep our kids safe. Next year we already have 71 signed up for youth sailing camp. I am afraid we will have to say “no” to a lot of kids, unless we can run two sessions. To do this, we will need more volunteers! If you want to feel the kind of energy mentioned above, sign up now!

Our board has lots of hard decisions to make for next year—not the least is how big we can get without decreasing the quality of these 6 days of class. Remember, we were on Channel 18 Positively News and Spectrum TV this year! Finally, they were there for us!

Thanks to all of our leaders! Roy did a great job with communication and making the sunfish “go”! There are so many to thank, I would just like to say “We are Grateful!!!”

Chuck Emrich, Youth Sailing Director





Pirate Day—Last Day of Camp 2023







CRSA CLUB BOAT USE

One of the advantages or perks of being a Cave Run Sailing Association member is the ability to use one of our two club sailboats: the Catalina 22 or the Rhodes.

Requirements for use and the process to pay the \$100 donation for use of the boat are shown on the Club Boats tab of the CRSA website. In order to use the boats you must first have passed an ASA 101 class or provide some evidence of competency to the Harbormaster. A brief outline of the process is as follows:

- Log on the website as a member of the Cave Run Sailing Association
- Go to the Members Area tab
- Click on the Club Boat Use tab
- Open the Boat reservation calendar and determine if the boat you want to use is available the day that you intend to sail
- If so, go down the page on the Calendar and click on the sailboat usage agreement. There is a tab for either boat to reserve.
- Follow the instructions and pay the fee.

The Harbormaster will receive an email letting him know you intend to use the boat and will enter it on the calendar. When you use the boat, follow the guidelines for the use of the specific boat located in the cabin and please leave the boat cleaner and neater than you found it.

Brad Leslie, Harbormaster



Left: the Rhodes is located on the mooring field at Mooring Ball #56.

Right: the Catalina 22 is located on C dock slip # C-16





Donna and Brad Leslie's
Sea Dogs
Zeb: 13 year old liver & white Brittany
Nutmeg: 6 year old orange & white Brittany
Best Friends during the sails!



That's My Boat

Each edition of the MainSHEET will feature a boat profile of a CRSA member.

Graeme Wilson, tell us about your boat!

If you know me and the Catalina 22 that I sail, you may think that is the boat that I have always sailed. Not so! I grew up in a family that owned a ski boat. But when I was in college, a fraternity brother invited me and my girlfriend (now wife) for a weekend of sailing on his dad's boat at Kentucky Lake....well that was the beginning of my love affair with sailboats. A couple of years later we were invited to sail with my parents' friends for a day. It was a larger boat and even brought me more enchantment.

Well, time passed, we were married, and I was moved around a lot with my job. Since we never really located on a big lake or other suitable sailing water, there was little opportunity to sail, but the dream of sailing never died. When we moved to the small town of Jacksonville, Illinois, it was not on a sailing lake either. But an older lady (note please that she was older to us then, but younger than I am now!) was working for me and commented that she had a sailboat in her garage that was her son's and it had just been stored for some years. It had an East Coast Delaware license on it and there it was in a garage in Illinois! After some discussion, I bought it for \$800. It was a Lightning, sail number 8664, named Chaos, and built from mahogany! I loved that boat and the beautiful wood trim and wooden mast were striking. That began my boat ownership!

I seriously got into racing when we left that area and moved to St. Louis where there was the Valley Sailing Association. They organized weekly races during late spring thru fall, and it was all about the people, the social aspect and the fun! During the time I had the Lightning, I also bought several catamarans for fun and to take to the beach. Eventually I had a neighbor who became interested in boating and



asked if I would buy a boat with him, never thinking we would find one. But he already had one in mind. That was the acquisition of *Habit*, my Catalina 22.

I have had many great experiences and a few rather harrowing ones. Probably one of the most difficult times was traveling to Memphis with my Lightning when the beautiful wooden mast broke. It was a terrible sound when that wood split, and heartbreaking to see that beautiful wood come down. Fortunately, a retired engineer who was a neighbor, offered to repair it. He built wood clocks and was truly a master, so that original mast stayed with the boat until I sold it some years later.

There are things that come with boat ownership we all knowthat old saying “a boat is a hole in the water into which we pour money” is pretty accurate. There are lots of maintenance items we all handle, but the beauty of being on the water, the peacefulness of feeling the gentle motion of the boat, and the joy of making friends is a wonderful part of the whole boat ownership!

Today I am mostly a recreational sailor. I have done the Gulf Coast Cruise in *Habit* and have taken it to Kentucky Lake for pleasure cruising, but I am not really a traveler with it. It has brought many hours of pleasure to me and has been a great way to relax!

The Catalina 22 is for my enjoyment! I have considered a bigger boat, but this boat is easy for me to handle and as I grow older and I can still manage it.

That’s my boat!

I want to take this opportunity to say thanks to all CRSA members who welcomed me to the lake and have embraced me as a friend and sailor.

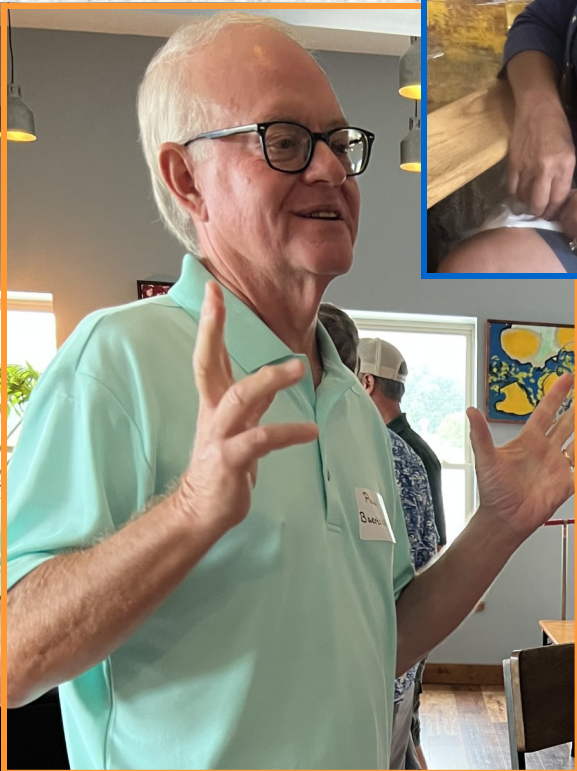
It is a pleasure being on the water with you!



Newcomers Social

The Newcomers Social was held Sunday, August 13 at Sawstone Brewery in Morehead, KY. We had folks from as far away as Florida attend. We were able to raise over \$110 at the Silent Auction for our Youth Sailing Academy. Thanks to all who came out and I suspect this will not be our last trip to Sawstone Brewery.





CRSA Let's Go Sailing, for women, by women

We continue to be a vibrant group of strong and interesting women!

Our latest adventure was Wednesday July 19 when we had our first of two sunfish days at Cave Run Lake! A total of 11 women from the LGS group participated along with 7 invaluable volunteers to help transport, unload and reload the sunfish. A special thanks goes out to **Terry Clark, Don Cole, David Leddy, Bill Lubawy, Dana Overall, Fred Pfister, and Lee Sutherland**. We could not have done it without your help! We met and sailed from Claylick ramp, which is a beautiful part of Cave Run Lake! Several of us practiced tipping and righting the sunfish, and a few of us tipped accidentally, all was good! Our chase boat and volunteers were there when needed - and there were times, we needed them! We unloaded and rigged the boats and enjoyed a nice lunch before getting on the lake. After a couple hours of sailing, we came back in, buttoned up the boats, and enjoyed some debrief munchies, conversations, and laughs.

Our second sunfish day is Thursday August 24 and we have 15 LGS women signed up! In addition to the seven volunteers from July, **Chuck Holden** has volunteered to help. We plan to launch from Claylick again because everything went so well the first time.

In between our sunfish days, the LGS group got together for lunch on Saturday, August 5 at Merrick Inn in Lexington. Twenty-two women were able to attend and enjoy great conversation and food.

As the weather cools, we will move back to the larger boats and cruising from Scotts Creek Marina. The next session is Monday September 18. You must contact me at

commodore@CaveRunSailing.org

if you would like to participate.

All dates and information are listed on CRSA's website:

caverunsailing.org. If you have any questions, please reach out to me at

Commodore@CaveRunSailing.org or 859-509-2249. We would love to have you join us!

Molly Sutherland



July 19 Sunfish Day





August 5 LGS Luncheon at Merrick Inn



Announcing CRSA's Cruise to French Riviera and Barcelona Americas Cup Races.

CRSA will be cruising on the French Riviera between October 2nd and October 10th, 2024. Participants can then move on to Barcelona Spain for the 37th Americas cup races. See Americas Cup schedule below.



Our sailing adventure will begin at Port Pin Rolland which is located at Toulon, France. Toulon is located midway between Marseille and Saint Tropez. We will board the boats on the afternoon of October 2nd and sleep aboard that night. The next 7 days and nights will be spent cruising the Cote D'Azur coastline. Our itinerary will be chosen by participants in the coming months. There are many amazing choices within reach. We will disembark the cruise on the morning of October 10th.

When the cruise is complete, you can travel to Barcelona via high-speed train or fly. There are several scheduling options for train transportation on either October 10th or 11th. The scenery should be spectacular. We will make the schedules available.



The plan in Barcelona is to stay in the city near Port Vell where the racing boats are stationed. There are many Hotels, B&B's, Hostels, and other accommodations within walking distance of the festivities. A village will be set up next to the Vell Marina with food vendors, entertainment, and nautical shopping. Lodging, flights, and ground transportation will not be covered by CRSA. Hotel reservations in Barcelona should be arranged soon, as space is filling quickly.

CRSA is working on reserving space on a sightseeing boat to take participants to the edge of the course during races. We may also try to arrange group activities while in Barcelona. More information on this will be available later.

It is not necessary to do everything on this trip. You could do the sailing trip and skip Barcelona. If you are not interested in sailing, you could join the crew in Barcelona.

The cost for the French Riviera Sailing cruise is \$720.00 per person based on double occupancy cabins. We will be sailing 47-to-52-foot Mono Hull boats. This price includes all boat expenses such as fuel, insurance, and mooring fees. A deposit of \$500.00 per person is required to book a cabin on this cruise. Deliver or mail deposit to Merritt Wade at address below. First come, first served. Do not make any travel reservations until I confirm your booking. Make checks payable to CRSA. As always, participation will require CRSA membership. Trip insurance is highly recommended.



Ground transportation, airline flights and lodging for Toulon and Barcelona are not included in the cost above. Those bookings and reservations must be arranged individually.

Merritt Wade
Cruise Director
2080 Fallon Road
Lexington KY 40504

cruisedirector@caverunsailing.org

(859) 619-4490



Buoy Race Memories—August 12, 2023

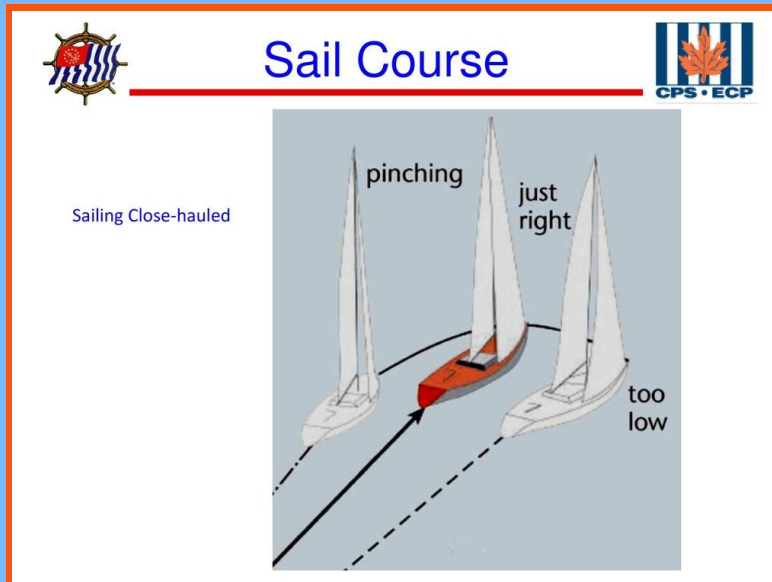






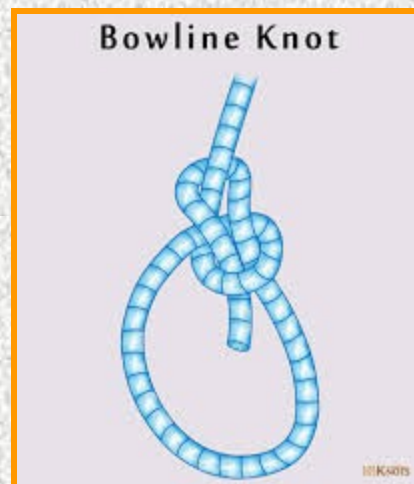
DO YOU KNOW THE MEANING OF THIS SAILING TERM?

"Pinch"



To sail too close to the wind, so that the sails luff.

"Naughty" (Knotty) Video



<https://www.youtube.com/watch?v=YXRnPES0Qec>



Allen Thomas of the US Coast Guard Auxiliary has offered to perform Vessel Safety Exams for any boat owner that would like one this summer. These free examinations are offered to enhance boater safety and make boat owners aware of safety requirements. He can be contacted at cwo3thomas@yahoo.com

CRSA Harbormaster is working with Mr. Allen to organize a Vessel Safety Exam day at Cave Run lake in the Spring as well.

NEW MEMBER NAVIGATION

Please contact Luke Adams at membership@caverunsailing.org if you would be willing to serve as a New Member Navigator.

This activity entails:

- contacting new members,
- presenting them with a club notebook,
- educating them about club activities,
- encouraging participation,
- and hopefully accompanying them to activities when possible for the first year of their membership.

Cave Run Sailing Association
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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to the Spirit of Sailing with goals of:

- promoting both leisure and race sailing,**
- conducting sailing education classes,**
- providing a forum for good will and social activities among those interested in sailing and**
- participating in charitable and community service activities.**

Membership Information can be obtained from Luke Adams at
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The MainSHEET is edited by Charmaine Pfister. Please contact Charmaine for article ideas and or suggestions at Mainsheet@caverunsailing.org.
Special thanks to all those who contribute pictures and information.

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