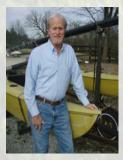
Page 1 January, 2014

Newsletter of the CAVE RUN SAILING ASSOCIATION



From the Commodore Jim Dinger - Flying Scot #4348

My overall goals are to promote the enjoyment of sailing through CRSA activities, and expand the sailing horizons of CRSA members. This includes trying to hold monthly socials during the winter season where "Trip Tales" can be presented, foster family-friendly racing (water cannons are allowed), and continue to support youth sailing activities, beginning sailing

instruction, and ASA courses.

There are two cruises being offered (see this edition of the Main Sheet); one on Chesapeake Bay in late May as an introduction to cruising, and an extensive two-week sail along the Croatian Coast of the Adriatic Sea in October. Also, I would encourage any of the experienced sailors in CRSA to quickly look into and perhaps lead a week cruise in the British Virgin Islands this winter. The Association has not sponsored a member trip to this sailing wonderland for the past 3 winters.

Behind the scenes, Association officers are working on simplifying operational procedures of their offices so that those who follow in the coming years will have their duties outlined in a temporal setting. This is intended to make transition of new officers much easier in the future. In addition, a committee has been formed to review the By-Laws of the Association in an effort to streamline operational procedures. Another committee has been set up to meet with the U.S. Forest Service to discuss ramp problems associated with trailering rigged sailboats on the ramps at Scott's Creek and Twin Knobs.

To make all of the above work takes considerable volunteered effort on the part of your elected officers and those members serving in appointed positions. We need the general membership to step up and volunteer their time to help sponsor the events at Cave Run Lake. We will be enhancing our web site and electronic communication with CRSA members and the general public in order to adequately inform you of coming events without incurring mailing cost, but will send out posted mail to those who request it. So, fill out the membership form attached herein, or go to the web site and renew your membership on line today—yes you can securely pay on line with a credit card! We will be back in touch with you in the near future.

Fair Winds, Jim

2014 CRSA Schedule of Events

Schedule of Events				
Date	Event			
16-Jan	Trip Tales			
18-Feb	ASA 105 (evening)			
20-Feb	ASA 105 (evening)			
20-Feb	Trip Tales			
22-23 Feb	ASA 105			
15-Mar	Brass Monkey Race 1			
23-Mar	Spring Social Bring New Potential Members!			
29-Mar	Brass Monkey Race 2			
12-Apr	Brass Monkey Race 3 and Chili Cookoff			
17-Apr	Trip Tales			
26-Apr	1 pm Summer Series Race 1			
6-May	Beginning Sailing (evening)			
8-May	Beginning Sailing (evening)			
10-May	Beginning Sailing (Cave Run Lake)			
16-18 May	ASA Instructor Clinic			
16-17 May	Race Clinic, Cave Run Lake			
17-May	1 pm Summer Series Race 2			
24-26 May	Chesapeake Bay Cruise			
31-May	1 pm Summer Series Race 3			
14-Jun	1 pm Summer Series Race 4			
28-Jun	1 pm Summer Series Race 5			
12-Jul	Full Moon Raft Up			
21-24 July	Girl Scout Sailing School			
16-Aug	1 pm Summer Series Race 6			
6-Sep	1 pm Summer Series Race 7			
13-Sep	1 pm Summer Series Race 8			
14-Sep	Charity Regatta			
4-5 Oct	Grand Annual Regatta			
5-19 Oct	Croatia Cruise			
15-Nov	Annual Awards Banquet			

RENEW YOUR CRSA MEMBERSHIP TODAY!

You can renew with paper (form enclosed), include a paper check and mail to CRSA, P.O. Box 256, Lexington KY 40588. You can also download the membership form and pay on-line through a link at www.caverunsailing.org (secure payment with PayPal or credit cards). Please submit (mail or scan and email) a completed membership form to David Duncan at membership@caverunsailing.org.

Don't miss this year with CRSA, there will be a lot happening!

WWW.CAVERUNSAILING.ORG



2014 CRSA OFFICER PROFILES



Commodore: Jim Dinger, Nicholasville, Ky

My family: Wife, Prince; a blended family of two adult daughters and sons, and 5 grandkids all under the age of seven and all within 3 miles of us.

How did you hear about CRSA? Prince came home from a Beginning Sailing Class around 2004 and said, "We need to get into sailing!" I

had sailed on Lake Champlain in the late 60's and Lake Tahoe in early 70's. We both knew it was time to retire from the rigors of whitewater paddling and sailing was a natural evolution of staying on the water. Since joining CRSA I've served as Vice-Commodore, Harbor Master, and the appointed Cruise Director.

Do you own a boat? What type of sailing do you enjoy? I own four boats at present: Flying Scot 4348, 16 ft. Hobie Cat, 25 ft. Macgregor cruiser, and a 26 ft. Hunter cruiser. My heart is in small boat racing, but I really enjoy gunk holing along the Atlantic coast meeting other coastal sailors, along with cruises to out of the way places like Hawaii, Lake Heron, British Columbia, Scotland, Spain, France, the Caribbean and, hopefully in 2014, Croatia.

What do you enjoy most about CRSA? I enjoy being on the water, listening to what Mother Nature is telling me, using Her to enjoy the water, and meeting people from around the world with similar attitudes. This has been fostered by the progressive ideas of the members in CRSA. I also enjoy teaching new sailors through the ASA courses that CRSA offers, and the CRSA socials.



Social Chair: Derek Eggers, Lexington, KY.

My family: My wife Lora, and our children Taylor and Clay

How did you hear about CRSA? I knew several of the club members from a kayaking club that several of us were in years ago. After moving back to new neople in the club it was a good time.

Lexington and realizing I knew people in the club it was a good time to re-kindle my old love of sailing. I've been a member since 2005.

Do you own a boat? What type of sailing do you enjoy? We have a Merit 22 "Lolita Deux", and Taylor and Clay have a Sunfish and Minifish that we're restoring. I love all types of sailing -- even hanging out on the committee boat, and backyard sailing (sitting in the backyard with the sailboat figuring out what repair should be attempted next). If I had to rank things I'd say Racing #1. Even when I'm day sailing or cruising, if there is another boat on the water, we are racing.

What do you enjoy most about CRSA? The people! The CRSA feels like and extended family to me. At socials and races I really like catching up with people and hearing what they've been up to, and I really enjoy getting to know new members. I like the fact that it's not a stuffy club, people are helpful to others, and there is always something new to learn. I like getting to do something outdoors with my family and see the kids enjoy other kids in the club. I hope to see our club thrive and grow so that more families can enjoy it well into the future as we do now.

Vice Commodore: Chris Bollinger, Lexington, KY (Past Commodore)

My family: My two children Beth and Thomas have been my regular crew, and my wife Amy has been awesome shore crew.

How did you hear about CRSA? I

joined CRSA in the spring of 1999, sailing my first two seasons as crew. By fall of 2001 I purchased my Flying Scot, and named her Halcyon, after the boat my father owned when I was young (not the dory!).

Do you own a boat? What type of sailing do you enjoy? The legend in the Bollinger family is that at the tender age of 18 months, my parents took me sailing for the first time in a handmade 16' open dory sailboat. My mom says that in spite of being soaked, needing a diaper change, and generally getting rolled around the sole of the cockpit, I seemed to enjoy myself. I grew up sailing in the Detroit area, mostly on Lake St. Clair. By the time I was 18 I added Huron, Erie, and Michigan to my sailing resume. I've sailed boats from as small as an Opti up through 65' racing yachts. Each has its own charm.

What do you enjoy most about CRSA? I've served in various positions on the CRSA board since 2002, and I'm happy to serve this year as the Vice Commodore. I look forward to sailing with all of you and hope that you will all join us for the Charity and Grand Annual Regattas.

Treasurer: Charlotte Lubawy, Lexington, KY

MainSHEET Co-Editor: Bill Lubawy, Lexington, KY (Past Commodore)

Our family: We have been co-captains for 43 years, and have three grown up daughters all now living in California - two of whom are avid sailors.

How did you hear about CRSA? While

in our first house in Lexington a new neighbor moved in behind us. He brought with him a 45 year old mahogany hull Lightning from Wisconsin. We helped him get the boat ready to sail and learned to sail from him. After several family outings his wife asked us if we would "Sail with Ken while I take care of your and my kids?" She did not like to sail. We loved it. We heard about CRSA from Ken, and we joined in the late 70's and have been members ever since.

Do you own a boat? What type of sailing do you enjoy? We actually have two boats. One, a 22 ft. Venture cruiser we bought in 1981 and still both love and use a lot especially for overnights at Cave Run, and a 25 year old 14 ft. Capri that we bought in 2011 from another CRSA member that we use for racing, sailing on other lakes and just plain goofing around. If it involves sailing, we enjoy it.

What do you enjoy most about CRSA? Everything. We love the races, the socials and the off the lake cruises. Most of our dearest friends we met through CRSA. We have done things and been to places we would never have were it not for our love of sailing and our participation in CRSA. Start with America's Cup races New Zealand and in Spain for example. We agree our lives have been MUCH MUCH richer because of joining and participating in CRSA.









Secretary: Chuck Emrich, Lexington, KY My family: My adult children and son-in-law Tiffany, Barret, Autumn, Sierra and Jacob Hamm

How did you hear about CRSA? Saw sails on the water at Cave Run. I've been a CRSA member since around 1990.

Do you own a boat? What type of sailing do you enjoy? I own a Sunfish, Laser II, CATALINA 22 and Caliber 38. I enjoy all types

of sailing for every condition and level of challenge. I like racing both on and off lake. The better the competition, the better the racing! I also enjoy off shore cruising and exploring the islands.

What do you enjoy most about CRSA? A group of sailing friends who want to share sailing with others both older and younger. CRSA provides us with anopportunity to fall in love with the wind waves and the water - it keeps sailing alive in KY! I talk sailing all the time and would enjoy a conversation with you! Be it races or navigation or repair of the boat. Email me at secretary@caverunsailing.org if you like to talk sailing.



Youth Sailing Chairman: Ben Askren, Lexington, KY.

My family: We have boy/girl twins!

How did you hear about CRSA? We were looking for a new sport. A new

passion. A new obsession. And sailing seemed to fill that niche. We have been CRSA members since 2007.

Do you own a boat? What type of sailing

do you enjoy? We purchased our 2004 Catalina 250 five years ago. As avid outdoors people, we wanted a physical activity that could provide some intellectual challenge, yet would accommodate our young boy/girl twins. Throw in a few starry nights, steaks on the grill, and a bottle of red wine and we were hooked.

What do you enjoy most about CRSA? CRSA has helped open the world of sailing up to us!



Rear Commodore: Mark Breeden, Lexington, KY

My family: My wife Patti.

How did you hear about CRSA? My wife and I moved to Lexington and I found Cave Run Lake. Since I grew up sailing it was only a matter of time before I bought an old boat then went looking for a place to race and help teach sailing.

Do you own a boat? What type of sailing do you enjoy? I restored a Catalina 22, Kookie Monster that I race. My biggest interest is in racing.

What do you enjoy most about CRSA? I enjoy the people who are just a lot of fun to be with. I've sailed since I was a preteen beginning in New Orleans. In fact I continue to be a member of Southern Yacht Club in New Orleans. I have raced in Lake Pontchartrain, the Mississippi Gulf coast, and the Ross Barnett Reservoir in central MS before starting to enjoy racing on Cave Run Lake. **Membership Chairman: David M. Duncan**, MD, Lexington, KY

My family: My wife, Anna, and our daughter, Kayla (13 years old).

How did you hear about CRSA? John Wood and Brad Leslie invited me to join when I bought The Blue Pearl in February 2012.

Do you a boat? Yes. The Blue Pearl is a 1994 Hunter 27, originally owned by Jim and Joy Bugay.

What type of sailing do you enjoy? I particularly like to sail singlehandedly in harmony with my boat, the wind, and the water. My family enjoys regular weekend boat camping on CRL as well as occasional racing with CRSA in the Cruiser Class, when time permits. I also captained in the 2012 & 2013 CRSA Annual Charity Races, the 2012 Annual Regatta, and the 2013 Mountain Mama.

In 1998, I was helmsman aboard the 33m racing sloop "Millennium" in the annual Darwin (Australia) to Ambon (Spice Islands, Indonesia), 700 nm across the Timor Sea. I've chartered cruisers from St. Petersburg to the Dry Tortugas, and Phuket, Thailand to Malaysia on the Andean Sea. Last summer I chartered a Jeanneau 50 DS for 10 days out of Grenada into the Grenadines. I've many hours logged on day-sailers of all designs and sizes around the world. In 1974, as a crew of three aboard a 33 ft catamaran we were adrift at sea for 5 days, 100 miles north of San Francisco and 90 miles off the coast, following a mast fracture in a Force 8-9 Pacific storm.

What do you enjoy most about CRSA? Undoubtedly, I cherish the many friendships we've developed in CRSA. CRSA's primary strength as a social sailing club is reflected in its members. I've achieved ASA 101 and ASA 103 certification and am on board to become an ASA instructor. As a retired Navy doctor I particularly enjoy the camaraderie, shared love for sailing, banter, bravado, and swagger in our many conversations and experiences.

Cruise Director: Dan Geiger, Lexington, KY.

My family: Wife Robin (does not sail) and son Stuart and his wife Toni.

How did you hear about CRSA? A cycling friend and sailor recommended I look into CRSA for the cruising. I completed ASA 101, 103, and 104 in the BVI and was anxious to sail. I joined for the cruising.



Do you own a boat? What kind of

sailing do you enjoy? I do not own a boat. I enjoy extended salt water cruising and hope to do more since I retired.

What do you enjoy most about CRSA? The people. I have made a number of great friends who share my love of sailing. I enjoy the social events, Board meetings and especially the cruising. The Club is very well managed and I have enjoyed working with the dedicated volunteers who make things happen for the Club.





2014 CRSA OFFICER PROFILES



Harbor Master: Brad Leslie, Hurricane, WV.

My family: My wife, Donna and our adult children, Jennifer, David, Daniel and Julie.

How did you hear about CRSA? Word of mouth from folks while sailing my sunfish on Cave Run Lake. Chris Bollinger invited me to race one day and mentioned the website. Later we decided we needed lessons or we were going to kill ourselves.

CRSA has the best deal anywhere on sailing instruction and ASA courses. I've been a member since 2007.

Do you own a boat? What type of sailing do you enjoy? Like many folks in CRSA I own multiple boats. We own two currently, a 1968 Alcort Sunfish, and a Beneteau 361. I recently sold my club racer and am looking for another in order to participate in the race series on Cave Run Lake again this year. We also enjoy weekend cruising our Beneteau 361 on the Chesapeake Bay when we can get away.

What do you enjoy most about CRSA? I have enjoyed the opportunity to learn to sail from classes offered by CRSA. Through these classes as well as the instruction and advice from fellow members, I have become an accomplished sailor. I also enjoy the fellowship shared at our race series especially the regattas.



ASA Sailing Coordinator: Dave Davison, South Charleston, WV (Past Commodore)

My family: My wife, Rebecca, our two adult daughters, Kelly and Lee, and our granddaughter, "Captain" Madison.

How did you hear about CRSA? A

National Guard buddy needed crew and I discovered sailing on Cave Run Lake. I've been a CRSA member since 1998.

Do you own a boat? What type of sailing do you enjoy? I own two, 'good old boats' a one-design racing dingy – Flying Scot 2194 and a Hunter 25 cruiser. At heart I'm a one-design

racer but as I mature, I'm enjoying cruising the Chesapeake, teaching others to sail and being a club race officer. Moonlight sailing on the lake is also great fun.

What do you enjoy most about CRSA? The experiences, excellent ship mates and opportunities to expand my horizons and skills. When I joined I was a "pond" sailor, racing on inland lakes. During the last 15 years, I've raced in three Flying Scot North American Championships: cruised in the Chesapeake, Caribbean and Italy: become a certified Race Officer, keelboat instructor and licensed USCG Captain. I was able to do this because of the spirit of adventure, love of sailing and willingness to teach I found in the membership of the CRSA. Finally, I really enjoy the opportunities to race, run race, teach, cruise, socialize and tell "sea stores. As always the best enjoyment is the people. Some I've sailed with or competed with for 15 years and others I've skippered their first boat ride. Web Master: Julie Mitchell, Lexington, KY.

How did you hear about CRSA?

I did an online search prior to moving to KY from MI – wishfully hoping there was somewhere to sail in KY. To my surprise, there was! I've been a member since 2011.



Do you own a boat? What type of sailing do you enjoy?

I do not (yet) own a boat, but I enjoy any type of sailing. Most of my experience is in racing and day sailing, but I'm happy as long as I'm out on the water! This past year I went on my first-ever cruise -- the CRSA Chesapeake Bay Cruise over Memorial Day weekend. I had a blast and can't wait to join another CRSA cruising experience. I have taught sailing for 5 years, started a youth racing team, raced in a European Youth Championship and Open World Championship in Sweden, as well as sailed in multiple North American Championships for Ynglings all over North America (Michigan, Minnesota, Iowa, Rhode Island, and Toronto, CA).

What do you enjoy most about CRSA?

I really enjoy the sailors I've met through CRSA -- there are so many people with such a breadth of knowledge and experiences that I always learn something new or hear a great story when I'm with them!

MainSHEET Co-Editor: Bev Merten,

Richmond, KY. (Past Commodore)

My Family: Husband Ralph.

How did you hear about CRSA? We have been CRSA members since 1985. Ralph contacted Charlie Jett, a founding CRSA member about learning to race. Charlie invited us to join CRSA and taught us how to race as well! Charlie was a great mentor, competitor, and friend – we miss him!



Do you own a boat? What type of sailing do you enjoy? A robin's egg blue Thistle #3787 and an old woodie Thistle #594 which Ralph rebuilt and we still sail on occasion. The Thistle is a 17' racing sailboat with a 24' mast. She's fast, responsive, and a bit tippy. But she is a fun and exciting boat to sail! We enjoy it all, but you could say we are racers at heart. We began cruising in 1996 with CRSA's Chesapeake Cruise, and in 2001 completed ASA 101, 103, 104 during a live aboard bareboat cruising course in Ft. Lauderdale, FL. We enjoy chartering in the Caribbean and on the Chesapeake. We are looking forward to sailing the Leeward Islands this spring. Outside of CRSA we have also completed Boat Safe, Seamanship, Piloting, Advanced Piloting, and Junior Navigation (Celestial Navigation) courses.

What do you enjoy most about CRSA? CRSA just keeps getting better! The educational opportunities are great, the people are fun and we get to do what we love - SAIL!



Girl Scout Camp Sailing School - July 21-24 at Cave Run Lake Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. If you would like to volunteer to help teach Girl Scouts how to sail, please contact Charlotte Lubawy at

treasurer@caverunsailing.org. What a great way for CRSA to give back to our community!

From the Membership Chairman:

Thank you for your trust to serve as 2014 CRSA Membership Chairman.

We joined CRSA after a warm reception at the 2012 Spring Social. Anna, Kayla, and I enjoy a variety of club activities and events while benefitting from friendships we've made, bonded by a common love for sailing, adventure, and the challenge of testing our skills, in balance with the wind, upon the waters of Cave Run Lake and beyond.

Your CRSA Executive Board has expanded the 2014 calendar year of racing, cruises, ASA courses, and socials. There increased opportunities for comprehensive member involvement, as well, in response to your expressed interests.

My goal in 2014 is enhanced CRSA communications. CRSA is in the final stages for paperless communications, as 99% of our members are now on-line. This will reduce paper, expenses, unnecessary delays in getting updated CRSA information to you, and will streamline communications between CRSA members and officers.

Be certain you have registered at the web site <u>www.caverunsailing.org</u>. It now serves as the primary source for OFFICIAL communications for CRSA members in 2014. Also, please join 110(+) members on the CRSA Facebook page for informal discussions, "shares", photographs, or just get to know each other better.

New members join CRSA with an interest in what CRSA offers for them. They remain as members after CRSA members take an interest in them. CRSA has a proven history of doing both very well, indeed!

Please contact me anytime with your ideas or questions which could enhance your CRSA experience by email at membership@caverunsailing.org.

David Duncan

CAVE RUN SAILING ASSOCIATION TO GO PAPERLESS IN 2014

www.caverunsailing.org

CRSA will complete its transition to electronic communications in 2014 as we now have 99% of all members with Internet access. All OFFICIAL communications between members and CRSA can be found at www.caverunsailing.org, including:

- On-line Membership Application
- On-line payment (PayPal, credit cards)
- Membership Chairman email contact
- CRSA calendar
- Race schedules
- Regattas
- Cave Run Lake weather forecast
- Cruises
- MainSHEET publications

- Beginning Sailing schedule
- ASA course listing and schedules
- CRSA By-laws
- CRSA Officers
- Minutes of Board of Executives meetings
- Handbook
- Ship's Store
- Club affiliations
- Classified ads
- Member Directory

Members should ensure that they are registered at the CRSA web site as soon as possible. If you have forgotten your password the Webmaster, Julie Mitchell will send it to you if you'll contact her at <u>webmaster@caverunsailing.org</u>. If you have forgotten your Member account name, you will need to re-register on the web site.

Julie is reformatting the web site in order to upgrade it to a newer software version and to improve its userfriendly features. There will a "Members Only" section which requires logging in using your Member account name and password. You'll have exclusive access to the Membership Directory, Discussion Boards, and other identity secured topics.

Much of the rest of the web site will be viewable by the general public and prospective members.

Please join the more than 100 members of CRSA on Facebook, too! Just "Like" the Cave Run Sailing Association Facebook page and get involved with fellow members in discussions, nautical information sharing, picture posting, personal comments, and more.

The CRSA website, <u>www.caverunsailing.org</u>, is the ONLY website where you'll be able obtain OFFICIAL Cave Run Sailing Association information in 2014!!

Cave Run	Sailing A	Associat	ion Me	mbersł	nip Form
R		ate your purpose in s mbership □ Renev	-	🗆 Update Your	Data one, address, email, etc.)
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	one (Primary)				
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□ Social			Second Boat:		
□ Sailing classes □ Youth sailing program					
Volunteer Opportunity:	Sail Number	Length			
CRSA is an organization of volunteers many practical skills, not just sailing sl Yes, I volunteer to help with CRSA	kills.				
Image: New member (per household) plus initiation fee (\$80 + \$15) \$95 Membership renewal fees are due on or before March Image: New Household fee with Beginning Sailing Class and book (\$80 + \$15 \$3) \$98 Image: State on or before March Image: New Household fee with Beginning Sailing Class and book (\$80 + \$15 \$3) \$98 Image: State on or before March Image: New partial year membership (after July, 1st) (\$40 + \$15) \$55 Ist. Please check all that Image: New Membership Renewal (household membership) \$80 Ist. Please check all that Image: Student Membership (non-family member) \$15 Ist. Please check and send along with this signed Image: Image: Annual Race Fee (per boat)** \$85 Image: Student fee, a race-day fee of \$15 is payable on race days. Image: Imag					
NEWSLETTERS, WEBSITES, SOCIAL I AGREE THAT THE INFORMATION I I note the following exceptions to the abo SIGNATURE	ENTERED ON THE			LUB DIRECTOR	
	gned applications will	l be denied members			



<u>SCUTTLEBUTT</u>: The shipboard scuttlebutt was a cask of drinking water, kept amidships on deck, having a hole (scuttle) cut in it for a cup or dipper. Sailors would "gather round the scuttlebutt" to exchange news, information, gossip, or sea stories.

"GATHER 'ROUND THE SCUTTLEBUTT!"

Julie Mitchell (CRSA Webmaster) is hard at work developing CRSA's newest website feature - Scuttlebutt! A new way of keeping our members informed on what's happening in CRSA! Keep your spyglass focused on <u>www.caverunsailing.org</u> for more information!

In May, CRSA teaches a Beginning Sailing course as an introduction to sailing. We also teach ASA certification producing keelboat courses including Basic Keelboat (ASA-101) and Basic Coastal Cruising (ASA-103). Depending upon interest we have taught Bareboat Chartering (ASA-104) and Coastal Navigation (ASA-105).

ASA Courses

Our ASA courses are great way to learn more about keelboats and coastal cruising. They progress from basic keelboat skills to coastal cruising and navigation skills. They provide certifications recognized by the majority of charterers and is a good way to start bare boat cruising. If you have some sailing experience or taken our Beginning Sailing course and want to learn more we recommend taking one or more ASA courses. Your first step if you're not a member is to join the CRSA.

ASA courses include classroom or instructor to student instruction and on the water skill development. Certification is through a written test of the course's "body of knowledge" and skill demonstration. The courses progress from ASA-101, ASA-103 to ASA-104. The water portion of ASA-101 is typically taught at Cave Run Lake and ASA-103 at Kentucky Lake or other suitable navigable waterway. Students are assigned instructors and will spend two full days on the water, typically on Saturday and Sunday. Both offer a short classroom meeting in the Lexington area to review the written materials. This session will be scheduled in May 2014. For students distant from Lexington other arrangements can be made. A written test will be given following successful completion of the water component.

The Coastal Navigation course (ASA-105) is a classroom course. There is no on-the-water component or prerequisites for this course. Bareboat Chartering (ASA-104) may be taught during a CRSA sponsored cruise or when instructor time is available on coastal waters. Other advanced course i.e. Advanced Coastal Cruising (ASA-106) have been arranged based on interest and typically in conjunction with a CRSA cruise.

Again CRSA membership is a prerequisite for course registration. We offer ASA courses to benefit the membership as part of our commitment to sailing education. The association is careful to keep fees as low as possible. Additional information about each of the ASA courses is available at <u>www.american-sailing.com</u>. If you have questions about current course offering please contact: <u>asasail-ing@caverunsailing.org</u>

ASA Registration

The number of students that can be accommodated in our ASA is limited so please act early. Send an email to: <u>asasailing@caverunsailing.org</u> indicating your interest in a specific course. If prerequisites are required, please indicate whether you have taken them, at what school, when and provide your ASA student number so we can verify them. Once your CRSA membership and prerequisites are verify we will respond by email so you can sned the appropriate course fee. Classes will be filled on a first come first paid basis. Your registration will not be recorded until you feed have been received by the association. Please make payable to CRSA and send them to CRSA, Attn: ASA School, PO Box 256, Lexington, KY 40588. Note courses given as part of a CRSA sponsored cruise require ASA registration as described as well as cruise registration.

Our courses are taught by the following volunteer instructors:

Mark Arnold	-	ASA101, 103, 104 & 105
Jim Bugay	-	ASA 101, 103, 104 & 105
David Davison	-	ASA 101, 103, 104 & 105
Jim Dinger	-	ASA 101, 103, 104 & 105
Cliff Hynniman	-	ASA 101, 103, 104 & 105
Jeff Lagrew	-	ASA 101, 103, 104, 105,
		106, 107, & 114
Sam Moore	-	ASA 101, 103, 104 & 105

Cours	e	Class Fee	Schedule*
Beginr Sailing		\$95	Classroom – May 6 & 8 Water Lab – May 10
ASA-1 Basic I boat	~ -	\$225	Courses arranged on inter- est and instructor avail- ability
ASA - Basic Coasta Cruisir	1	\$225	Courses arranged on inter- est and instructor avail- ability
ASA-1	04	\$300	If sufficient interest – a potential April course in the BVIs
ASA-1	05	\$300	Feb. 18 (evening), Feb. 20 (evening), Feb. 22-23 Lex- ington area Minimum of 5 students
ASA Is structo Clinic 201	or	TBD	May 16-18 Kentucky Lake IE – Jeff Lagrew

Greetings from the Social Chair:

Greetings! As the 2014 Social Chair my first order of business is to let you know that this year "all your wildest dreams and fantasies will come true!" You're welcome.

In other business, I want to invite you -- and a bunch of your friends -- to several CRSA Social Events including Trip Tales, Spring Social, Chili Cookoff, Moonlight Raft-Up, After Race Gatherings, and the End of Year Social.

During the cold winter months we plan to have Trip Tales about the third Thursday of the Month. Check the website and Facebook group for details. Please invite friends who you think might be interested in joining CRSA, cruising, racing, or just want to see what's going on.

The first two scheduled Trip Tales are being planned now! Check out our website for all the details!

- Thursday Jan 16 "24th America's Cup" by Sam Moore. See the website or facebook site for details.
- Thursday Feb 20 ""Pirates of the Caribbean: Tales of the Grenadines" by David Duncan
- Thursday Apr. 17 -- We're looking for someone to present. Please consider it if you've taken a sailing trip in the last couple of years.

Please consider racing in this year's first "Brass Monkey" series (see more info from Rear Commodore Mark's article). And, even if you don't race, please consider joining the Chili Cook-Off planned after the final race on April 12. Bring a pot of your best Chili to share with cold racers and warm friends. Check the website and Facebook for updates on these and other club socials. Please let me know if you have interest in volunteering to help in any way with this year's socials.

Derek



2014 CRSA Beginning Sailing Course May 6 & 8 (6:30 - 8:30 pm) in Lexington May 10 at Cave Run Lake from 10 am to 4 pm

The Beginning Sailing course is a good way to determine if you like sailing and wish to continue learning how to sail. Students with no sailing experience who wish to have an introduction, or those with limited or time warn experience are encouraged to take this course rather than starting with ASA 101 which is also offered by CRSA. The course is economical as it provides classroom and on the water learning experiences, a textbook, and one year membership in CRSA for \$98 per person. Students should complete the membership application found on the website, www.caverunsailing.org, and bring it to the first class meeting.

The course consists of two evenings of class work in Lexington and one Saturday on the water at Cave Run Lake where you will sail in two different types of boats with experienced captains. If you have a sailboat, a captain will teach you on your boat if you wish. This course is offered <u>only once</u> during each sailing season usually the first or second week in May. Topics covered include: types of sailboats, boat parts and rigging, knots you will use, sails and what they do, sailing terminology, steering, turning, sailing upwind and downwind, safe sailing procedures and coast guard requirements, adjusting sails, safe boarding, handling different wind conditions, rules of the road, leaving the dock, returning to the dock, storing/folding sails, sailing etiquette, trailering a sailboat, backing up a trailer, and staying safe on the water.

If interested or if you have questions . . . send an email to beginningsailing@caverunsailing.org. Complete your registration and payment on line at caverunsailing.org, or by sending your check payable to CRSA to William Lubawy, 4893 Wyndhurst Road, Lexington KY 40515-1250 at least one week prior to the first class period.

Enrollment is limited and provided on a first come – first served basis when the online payment or the tuition check is received.



CHESAPEAKE BAY CRUISE

May 24-26, 2014, Memorial Day Week End

This is CRSA's traditional introduction to cruising which includes lower cost due to the ability to drive to and from the marina instead of flying, and three days of sailing rather than the usual one to two weeks for more exotic cruises. The cruise is intended to be a learning experience for those who have not cruised before, and where everyone will have the opportunity for hands on sailing time.

The Chesapeake Bay provides historic Colonial ports with great restaurants and short sailing distances between stops.

We plan to use two boats, one chartered and the other generously provided by Al and Ruth Lawton:

- "Audacia" a 41' Hunter with 2 cabins chartered from Norton Yacht Sales on the Rappahannock River in Deltaville, VA. You can learn more about this boat at the Norton web site. There will be 5 crew members on this boat. Captain-Dan Geiger
- Al and Ruth's boat has two cabins and will accommodate 4 crew members. It is docked on the Potomac River. Captain-Al Lawton

Itinerary:

Friday, May 23- Travel by car, sleep aboard the boats Saturday, May 24- Sail to Reedville, dock at the Crazy Crab Sunday, May 25- Sail - Tangier Island? Onancock? Monday, May 26-Sail back to home port, sleep aboard the boats Tuesday, May 27- Travel home by car

In addition, download and sign the Application to Participate in an Adventure Cruise form from the CRSA web site. This form contains information concerning CRSA cruise policies including a liability waiver and refund policy. Cabin preference is based on the order in which payment is received. Cost:

Cruise cost per person- \$400 Refundable boat damage deposit per person- \$214 Total- \$614 Payments- \$307 now to reserve a berth, \$307 by April 1, 2014. Membership in CRSA is required.

Make checks to CRSA, and mail to Dan Geiger, 1880, Ft. Harrods Dr., Lexington, KY 40503-5403.

For more information, call Dan Geiger, Trip Leader and CRSA Cruise Director, at 859-797-4212 or e-mail at dangeiger17@gmail.com.



CROATIA CRUISE

October 5-19, 2014

This is a two week Flotilla Cruise with Sunsail out of Dubrovnik, Croatia. Croatia is located on the Adriatic Sea, east of Italy on the Mediterranean. Captains are Dan Geiger and Jim Dinger.

Travel days are Oct. 4 and 20. You may fly into Dubrovnik. The boats may be boarded at 1800 on Oct. 5 and we must leave the boats by 0900 on Oct. 19.

A flotilla cruise consists of 4-10 boats with a Sunsail-crewed lead boat. The lead boat is crewed by a multilingual Captain, mechanic with tools and parts, and a social director who will arrange beach parties and other activities. Each boat is free to come and go at will. Sunsail has reserved marina dock space at the various ports for flotilla boats.

The flotilla cost is \$1500 per person, double occupancy, with a refundable damage deposit of \$125. Membership in Cave Run Sailing Association is required. The cost is based on 6 people per boat. The cost will increase if we have less than 6 per boat. Planned trip capacity is 12, but additional boats may be added if there is participant demand and qualified captains (ASA 104 or equivalent experience) are available. Current Round trip air from Lexington to Dubrovnik is approximately \$1600. In addition, you may spend 2 nights in a hotel in Dubrovnik depending on your flight schedule.

We plan to charter 41', three cabin, 2 head boats. To see cruise details, go to the Sunsail web site. At the bottom of the page under PRODUCTS, click Flotilla Sailing, then click Croatia, then click Dubrovnik.

Payment Schedule:

Initial deposit- \$500.00 July 15, 2014- \$1125

Make checks out to CRSA and mail to Dan Geiger at 1880 Ft. Harrods Dr., Lexington, KY 40503-5403

In addition, download and sign the Application to Participate in an Adventure Cruise form from the CRSA web site. This form contains information concerning CRSA cruise policies including a liability waiver and refund policy. Cabin preference is based on the order in which payment is received. For more information, call Dan Geiger, Trip Leader and Cruise Director, at 859-797-4212 or e-mail at <u>dangeiger17@gmail.com</u>

From the Harbor Master . .

In the upcoming year, the Harbor Master plans the following repairs, upgrades and improvements to the clubs equipment.

Our race committee boat, (and oft times social gathering platform), MM-II needs her seats reupholstered. Additionally we need to pull it from the water and properly service the lower unit. Only minimum service has been accomplished in recent years as we have no trailer capable of supporting her 10 ft beam and 30 ft length. Anyone with a lead on a suitable trailer is encouraged to give me or any of our board members a call. Improvements to boat for this season include installation of a 12 volt outlet, and a dedicated battery and solar charging system to operate the slide.

Our chase/safety boat is in need a dependable 3 1/5 or 4 hp outboard. The 1977 Johnson is just too "glitchy" for general use as a chase boat.

The clubs rental sail boat, the 23 ft Hunter, Miss Kelley, is in need of a bottom job and other general minor repairs. She will be hauled on her trailer as soon as weather permits. We intend to perform this work inhouse so please consider assisting with this project if you have time. Repairs will include replacing the hatch boards, varnishing bright work, and tracing out problems with the navigation lights.

Hubs, bearings and tires need closely inspected this year for the Opti trailer to prevent the trouble experienced last summer. These items will be repaired or replaced as necessary. This trailer carries our fleet of Opti used in our youth sailing program.

All club members are welcome to assist or lead any of these efforts. Please contact the Harbor Master to coordinate this work.

Brad

From the Rear Commodore . .

Summer Race Series

The Summer Series is scheduled for April 26, May 17 race clinic and race, May 31, June 14, June 28, August 16, September 6, and September 13, which is eight Saturdays of warm weather sailing with three to four races per day.

You do not have to make the race every Saturday to do well in the series as we only use your best low point score on a percentage of the total races completed. The scores for each race day are posted on the website within a few days of the races, and sometimes I post them on Facebook at the same time.

Jacobson Park Racing???

I would also like to hear from any member who may be interested in racing smaller boats (sunfish, lasers and pram size) at Jacobson Park on a Tuesday or Thursday afternoon during the summer. We are trying to gauge interest before we start setting dates.

I will be posting the Notice of Race and the Sailing Instructions for the Brass Monkey series and the Summer Series as well as online Race registration in the first or second week of February.

Racing skippers can send me an e-mail and let me know when they would like to serve on the Race Committee as soon as they are registered.

For the May race clinic weekend, we have the Boat Gunnel reserved for Friday night and all day on Saturday. It promises to be not only an educational weekend, but a fun one as well!

See you on the lake! Mark

BRASS MONKEY SERIES

Someone asked me when I started sailing and my answer was I did not remember but it was in the days of Iron Men and Wooden Ships. Actually it was as a 9 year old trying to race a Wooden Pram in the fluky light air of an inner harbor between the piers on a cold spring day. Recently some club members have asked to have races in March and April when the spring winds are more reliable than the fluky light winds of sailing on a midsummer day.

The stand-alone series will be called the BRASS MONKEY SERIES and sailed in March and April when we generally have strong winds on the lake. The series would be open to all but will be geared towards the larger cruiser class that will be more comfortable on the cooler and windier days. Someone has offered to get an appropriate trophy and several members have offered to be on the Race Committee.

The proposed dates for the Brass Monkey are March 15^{th} , 29^{th} and April 12^{th} with a chili cookout after the race on the 12^{th} . We will have online registration for both the Brass Monkey Series and the Summer Series on the Club Web site.

So if you are one of the Iron Men or Women interested in sailing in the stronger breezes of an early spring day we have a link on Facebook to an online survey that we are using to gauge interest in early season racing.





SOCIAL



A LOOK BACK AT 2013





Lexington Hearing & Speech Center

CHARITY REGATTA



SUMMER SERIES RACE 1



CHARITY REGATTA SAILORS AND PIX STAFF



2013 Annual Report of the Cave Run Sailing Association

As presented at the 2013 CRSA Annual Banquet

Commodore Dave Davison: It was an unusual year-end to say the least. For the first time in 34 years CRSA was forced to cancel the Grand Annual Regatta because of the government closing down. Other than that we had another successful year. Officer summaries follow. Thank you for the opportunity to be your Commodore for the fourth year. It was a pleasure again to work with such a fine group of sailors and dedicated CRSA officers and members.

Vice Commodore Derek Eggers: We had two regattas planned, the Charity Regatta co-sponsored with the Theta Nu chapter of the philanthropic organization Psi Iota Xi and the Grand Annual. The Charity Regatta was a success. Over \$4,000 was raised for the Lexington Hearing and Speech Center, a group that deals with hearing and speech impaired children. CRSA has been partnering with Theta Nu since 1988 to hold this long running regatta. Obviously when it comes to the Grand Annual being cancelled, we are all chanting "Fire the Feds".

Rear Commodore Mark Breeden: The racing season went well. There were 20 different boats that participated in cruiser and daysailer divisions. Members willingly took turns serving as Race Committee. CRSA again participated in the Mountain Mama Regatta in West Virginia to support hospice charities.

Treasurer Melanie Wales/Ruth Lawton: Melanie Wales served as Treasurer for 8 months of the year before moving back to Indianapolis when her husband was transferred. Generously Ruth Lawton stepped in to fill the void until a new Treasurer is elected. CRSA is still solvent.

Secretary Chuck Emrich: Minutes for all the activities of CRSA were taken, circulated to the Executive Committee and placed on the CRSA Google docs page.

Harbor Master Brad Leslie: Several upgrades to the Committee Boat (the Margaret Mary II) were done during the year. End of the season last year the Engine was fogged, the tank was filled with gas and fuel stabilizers added to the tank. This season the engine oil was changed, however we still lack a method to pull the boat in order to provide normal service the lower unit. Fire extinguishers were mounted, and the battery was replaced. The Miss Kelly was winterized at the end of last season and put back in service this spring. The mainsail was repaired by Bob Woods. The chase boat's trailer had its axel, bearings and hubs replaced this year and its engine gone over thoroughly.

Work planned for the 2014 season includes: bottom cleaning and painting for the Miss Kelly, painting the name on the stern, label starting and operating instructions on the MMII, installation of a 12 volt outlet on the MMII, installing a dedicated battery and solar charger for the slide, inspection and replacement of the tires and bearings on the Opti trailer.

Social Chairs Alex & Yoli Acosta: The year began with a New Member Social hosted by Al and Ruth Lawton. It was followed by a bowling social. During the racing season two post race socials were hosted by Bill and Charlotte Lubawy and by Brad and Donna Leslie. A last minute social held when the Grand Annual was cancelled was hosted by Bill and Charlotte Lubawy and featured a fantastic smoked pork barbecue prepared by the magnificent omnivore Bob Woods. The group made quite a dent in the pig. The Annual Awards Banquet was coordinated by Bill Lubawy with lots of help from Val Askren, Sally Shafer and Misty Hagan. Yoly Acosta did the superb table decorations.

Membership Chair Sally Shafer: We finished the year with 109 member households (186 total adult members). 25% of these households were new members in 2013. The majority joined for sailing classes, and others for various sailing interests. Our total membership dropped 6% from 2012. We should place more emphasis in the future on retention of members from year to year, especially the newest members. Membership numbers seem to track the number of varied programs we offer from year to year; more cruises, classes, socials, and misc. excuses to get together around boats lead to more members - and therefore more people becoming better sailors. Let's keep those programs going and growing!

Webmaster Julie Mitchell: The number of hits on the CRSA website continues to grow. To date the number of hits on our various tabs are: Summer Sailing Series – 5887, About CRSA – 4013, CRSA Sailing Classes – 3955, Beginning Sailing – 1552, ASA Classes – 1585, Grand Annual Regatta – 3945, Resources – 1571, Regional Clubs – 1779, The Fleet – 3242. The webpage continues to be an important window to our activities for the public.

Additional new or modified web options included registration and payment for membership and for the sailing classes. Web registration and payment for the Grand Annual Regatta and the Awards Banquet were completely functional this year. In addition credit card payment capability was set up and used for auction items and regatta shirts sold at the Awards Banquet.



2013 Annual Report of the Cave Run Sailing Association continued . . .

Cruise Director Dan Geiger: CRSA sponsored two cruises this year. The first was a Chesapeake Bay Cruise with Captains Dan Geiger and Brad Leslie and had 12 member participants. A second cruise to San Francisco to watch the America's Cup was arranged by Sam Moore with Sam, Jim Dinger and Bob Woods acting as captains. There were 20 members on this cruise. Both trips provided lots of excitement and enjoyment for the crews.

Newsletter Bill Lubawy/Bev Merten: Four issues of The MainSHEET were published this year, and the editors modestly believe they were exceptional, but long. Consideration is being given to publishing more issues each of which would be smaller and could be read in a shorter time. The editors are also pursuing mechanisms to place the newsletters on the website but set them so they are not searchable by search engines.

Youth Sailing Ben & Valerie Askren: Two youth sailing programs were held this year. A program for 6-12 year olds was taught in the CRSA Optis by Ben and Val Askren with help from Mark Breeden and Chuck Emrich. Eleven children of CRSA members took part in 8 sessions taught primarily at Jacobson Park with introductory and closing sessions at Cave Run.

A second program for Girl Scouts was organized by Charlotte Lubawy and taught at Cave Run for a week in July. Ten girl scouts participated in an intense sailing course that met every morning. In the afternoons over 40 additional girl scouts participated in a water activities program on the Margret Mary II. Instructors were Mark Breeden, Ralph and Bev Merten, Bill and Charlotte Lubawy, Bob and Misty Hagan and Bob's nephew Aaron. Steve and Di Morris graciously provided excellent facilities for the instructors during the week.

Sailing Schools Cliff Hynniman: <u>Beginning Sailing</u> was taught by Bill Lubawy with help from Cliff Hynniman and Mark Breeden. Twenty three individuals registered for the course. Thanks to Ed Puterbaugh who allowed us to use his classroom at no charge for the "in class" parts of the course. The water lab was taught by CRSA members Ben Askren, Mark Breeden, Matt Colker, Dave Davison, Jim Dinger, Dave Duncan, Chuck Emrich and Bob Hagan.

ASA Classes: This past year was associated with greater interest in American Sailing Association classes than

we have experienced in a few years. The classes taught were Basic Keelboat, ASA 101, and Basic Costal Cruising, ASA 103. Costal Navigation, ASA 105 was not taught this year, but we have several who are interested so that course may be taught next year. Also not taught but available from CRSA are Bareboat Cruising, ASA 104, Advanced Costal Cruising, ASA 106, and Celestial Navigation, ASA 107.

A total of 21 class registrations were paid, and of these 12 certifications were achieved by 9people. Unfortunately, 9 other people paid for courses, but have not completed requirements or have been unable to schedule time when one of our seven instructors was available. We are still hopeful that some of these will complete their certifications this year, but most will need to wait until the 2014 sailing season.

We are pleased to recognize the following who have achieved certification. Kendal Clark, ASA 101, Instructor Cliff Hynniman; David Duncan, ASA 101/103, Instructor Jim Bugay; Shayne Ison, ASA 103, Instructor Jim Bugay;

Jeffrey Jennings, ASA 101/103, Instructor Sam Moore; Jerry Leinen, ASA 101, Instructor David Davison; Pat Leinen, ASA 101, Instructor David Davison; Chris Nelson, ASA 101/103, Instructor Sam Moore; Jonathan Sikora, ASA 101, Instructor Cliff Hynniman; Mike White, ASA 101, Instructor David Davison

Total fees paid to CRSA were \$4725, and expenses to date are \$1090.94. It should be noted that none of our instructors have claimed expenses associated with teaching responsibilities. The Club has previously agreed to reimburse instructors a modest per diem to cover travel and boat fuel. CRSA is very appreciative of the time and effort given so freely by our ASA Certified Instructors. We also owe a special thanks to Ed Puterbaugh for allowing the use of his facilities for conducting classes again this year.

For the future CRSA needs 1-2 additional ASA certified instructors who can teach at Cave Run Lake. Most beginning students want to take ASA 101 at Cave Run Lake and we currently have only 2 instructors with boats at Cave Run. Their availability is insufficient to meet demand. It is recommended that CRSA provide support so that additional instructors to teach at Cave Run Lake can be certified.

Historian Kaye Arnold: To help preserve CRSA's history, Kaye has photocopied several of her own member handbooks dating from 1995. If any other members with packrat, uh. . . archivist tendencies have membership lists/handbooks from 1978 -1994 or 1999-2000, we would appreciate being able to photocopy them. In addition, if anyone has back issues of CRSA newsletters that can be donated or photocopied for our historical collection, please let us know.

Both new and long-standing members would enjoy hearing or reading stories about the earlier days of CRSA. If you have played a role in the history of CRSA or have interesting stories about events, please consider jotting down a few words to share through the newsletter in the coming year.

NainSHEET



Member Referral Program Refer 3 – Get 1 FREE!

Earn a "Referral" Thank You by referring three new Family Memberships and get your annual membership FREE! Just pass the word to your friends and colleges about the great times we have at CRSA!



Don't forget to renew your 2014 CRSA membership TODAY!

UPCOMING CRSA ACTIVITIES YOU DON'T WANT TO MISS!!

January 16 Feb 18, 20, 22-23 February 20 March 15 March 23 March 29 April 12 April 26 Trip Tales - details on website! ASA 105 Trip Tales - details on website! Brass Monkey Race 1 Spring Social Brass Monkey Race 2 Brass Monkey Race 3 and Chili CookOff Summer Race Series Race 1

2.8

CAVE RUN SAILING ASSOCIATION P.O. Box 256, Lexington, KY

WWW.CAVERUNSAILING.ORG