

Sailing Instructions

Cave Run Sailing Association
41st Grand Annual Regatta
Cave Run Lake, Kentucky
Saturday, September 26, 2020

The Regatta will be governed by the rules as defined in the current racing rules of sailing. If you really want to go down a deep rabbit hole and have 6-8 hours to spare, you can find them here: <https://www.sailing.org/40174.php>

Schedule of races:

Race one Saturday, warning signal at approximately 12:30 pm EST, main pool of Cave Run Lake. The number of races will be determined by wind conditions and sailor fortitude. No race will start after 4:30 pm. Before racing each sailboat must check in with the committee boat (the CRSA Margaret Mary II pontoon boat that will be out on the main body of the lake). Simply hail the Principal Race Officers (PROs, Ralph and Bev Merten) and let them know you are on the water and ready to sail. The race officers will NOT be monitoring channel 68. Every effort will be made to have as many races as possible during this time period.



Class starts:

The regatta will have three classes: 'Sunfish'; Daysailer; and Cruisers. Class flags will be red, white and blue, respectively. Each class will have its own separate start. Time between class and race starts will be determined the PROs, keeping in mind safety and wind conditions.



Sunfish class flag will be white with a black sunfish. The Sunfish class will be the first start of every race.



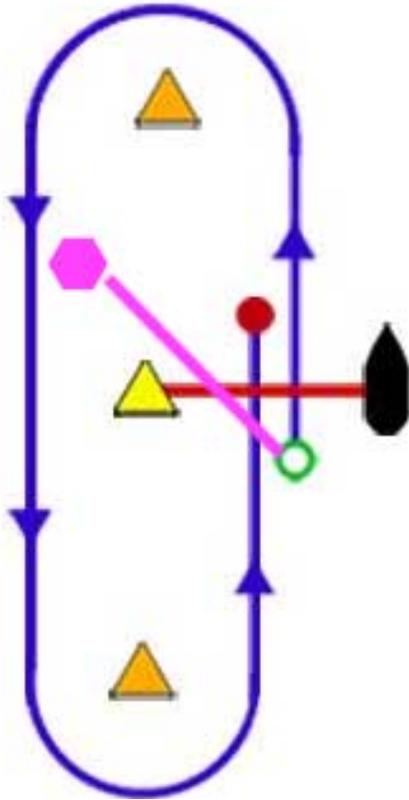
Daysailer class flag will be red with a laser emblem. Daysailers will be the second start.



Cruiser class flag will be a blue ASA flag. Cruisers will be the third start.

Course and Marks:

The course will be a windward / leeward configuration. Boats not actively starting or finishing will stay clear of the line and not impede active boats.



Windward Leeward Course

Key:

Black boat: “Committee Boat” (pontoon) where PROs are located. There will be a small orange flag flying off the bow of the boat that officially indicates the exact end point of the start and finish lines.

Yellow triangle: Floatable buoy that indicates the far end of the start and finish line.

Red line: The imaginary line that defines both the start and the finish line.

Green circle: All boats must be somewhere behind the start line at the start of each race.

Red circle: All boats must cross the finish line to complete each race.

Orange triangles: Large barrel-shaped, inflatable buoys (called ‘marks’ in racing lingo) that define the parameters of the course. Don’t let your boat hit these!

Pink polygon: A special windward mark for the ‘Sunfish’ class only. It will be an orange mark with balloons tied to it.

Purple oval track: Indicates race course and direction. Note to new racers: You do not have to follow this line exactly! You will want to tack and jib as needed.



The ‘Sunfish class’ will be the first group to start each race and will head to the windward purple mark first, and then to the leeward (orange) mark at the bottom of the diagram. Daysailers (second start) and Cruisers (third and last start) will head to the far windward mark at the top of the diagram and then to the leeward (orange) mark at the bottom of the diagram. Thus, all boats will round the same leeward or downwind mark. All marks will be rounded left to port. This is a counter clockwise rounding.

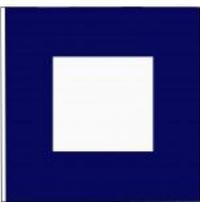
All races will be ONE lap only, unless the PROs signal otherwise. In that case the start-finish line will be an obstacle and can only be crossed when starting or finishing a race. Each race will end when all boats of that class have crossed the finish line or 30 minutes time has elapsed after the first boat of EACH class has crossed the finish line.

Start Sequence:

For new races, this may be one of the most confusing parts of sailboat racing! It is the FLAG sequence that rules, but the horn blasts are extremely helpful. Tips: Watch other experienced racers and/or wear a watch with a timer. All flags indicated below are flown off the TOP deck of the committee (pontoon) boat. In addition to the class flags, other important flags include:



Postponement or Cat-in-the-hat flag. Signifies that final preparations are being made in order for the races to begin. May also be flown at other times, eg., between races if the PRO decides to move a mark; if winds are too light or heavy to race; etc.



P Flag (or Preparatory flag). Is flown as indicated below.

| Time till start | Flag Change | Sound | Action |
|-----------------|----------------------------|-------|--|
| ~ 11 min. | Cat-and-the-hat flag up. | None | Call for all racers to be on their toes. |
| ~ 6 min. | Cat-and-the-hat flag down. | None | Approximately 6 minutes until race starts. Boats are expected to clear the racecourse. All boats should remain clear of the start line expect those whose class is ready to start. |
| 5 min. | Class flag up. | Horn | Class flag up is the 5 minute mark. This flag remains up until the start. |
| 4 min. | Preparatory flag up. | Horn | Class flag remains up too. |
| 1 min. | Preparatory flag down. | Horn | No crossing the start line (or 'dipping') |
| 0 min. | Class flag down. | Horn | Signals start of race for each class. All flags are down. |

Changes to sailing instructions:



Sailing instructions may be changed orally on the water. Code flag L is hoisted on the committee boat. This is the yellow flag with two black squares. In addition three short blasts of the horn from the committee boat may be used as a substitute for code flag L or with code flag L. Don't worry too much about this — it probably won't happen.

Code of Conduct:

ALL captains and their crew are required to exhibit the finest of sportsman-like behavior. While the rules of racing should be strictly adhered to, we must recognize that many new and novice sailors are competing in this regatta. Be kind and generous. We're here to have fun and grow the sport!

Decision to compete:

It is each competitor's exclusive and individual responsibility to decide whether to race or to continue to race. Skippers and crew are independent and individual in this decision to participate in sailing. Sailing can be dangerous to life, limb, and property. All local, state, and federal laws should be observed. Cave Run Sailing Association encourages life jacket and PFD use during all water activities. KY state law requires children under age 12 to wear a PFD while in the open part of a boat that is underway.

Questions? Ask Lou at vicecommodore@caverunsailing.org!